

Volunteering Opportunities

The MFRC is looking for interested people who would like to volunteer with us.

We need volunteer in the following opportunities:

- Outreach Volunteers** - people who like to talk on the phone and share with our members all the wonderful events that are going on at the MFRC
- this requires about 1 hour a month
- Welcome Committee** - for people who like to visit and meet the new families moving into our area. The position varies with time commitments but usually one or two hours a month.
- Office assistant** - we are often in need of help with computer work, bulletin board displays. This volunteer position requires 1 – 3 hour a week
- Baking** - if you love to work in the kitchen baking – we are always in need of baked goodies and can never have too much help in the kitchen. This can be 2 hours a week or 2 hours a month or anytime whenever!
- Catering** - we supply coffee morning every Thursday to the Jr Ranks and we are looking for someone to assist us with this task – The commitment is 8:30 – 11:30 every Thursday morning. Tasks include making coffee, serving “goodies”, baking for the next week and cleaning up after. This is a big commitment – perhaps the volunteers could take turns and maybe come once a morning a month.
- Childcare** - If you love being around children or maybe are in need of a “baby fix” the childcare centre has a variety of opportunities to assist.
- Board Members** - are you a take charge person and enjoy taking responsibility? Our board needs new members committed to meeting once a month
- Students** - this is a great opportunity for you to get your 40 community volunteer hours! Call today!

If you would like to assist with one these Volunteer position please call Valerie at 538-1371 ext 6509.

Looking forward to hearing from you!