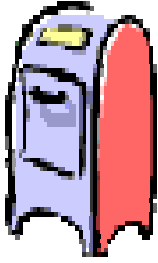


Deployment Mail Service



As part of the Deployment Services offered at the Military Family Resource Centre, free mail service is available to families wishing to send care packages to members who are deployed. Please keep the following guidelines in mind when preparing a parcel:

- Provide a detailed list of parcel contents on the bottom left corner of the parcel. All parcels are subject to Host Country Customs Officials.
- Weight: Maximum 20kg
- Size: Two conditions must be met regarding size: maximum length is one meter and the maximum length plus girth is two meters (the definition of girth = width + height + width + height)
- Senders must place their address and phone number on the top left corner of the parcel. Parcels without this information will not be accepted.
- For health and security reasons, it is recommended that senders do not send the following:
 - Goods with expired “best before date”
 - Open or broken packages
 - Lighters
 - Matches
 - Pressurized goods
 - Refrigerated goods
 - Perishable goods
 - Batteries
- Parcels may be dropped off at the Military Family Resource Centre. The Meaford MFRC is not responsible for any loss, theft or damage caused to items.

The correct mailing address is:

Rank/Initials/Name
Unit/ Section
Operation Name
PO Box (see below) Stn Forces
Belleville, Ontario K8N 5W6

Operation Names

OPS ACCIUS, ARCHER and ARGUS
OP ATHENA
Camp Mirage
See full list at: <http://www.forces.gc.ca/site/Commun/message/addresses-eng.asp>

PO Box Numbers

- Afghanistan – 5058
- Provincial Reconstruction Team – 5005
- Camp Mirage – 5113



Meaford Military Family Resource Centre
RR #1
Meaford, Ont
N4L 0A1
519-538-1371 ext. 6509