

CF Telephone Numbers

If you can not find the number you are looking for below, please check the MFRC Information Handbook or call us.

LFCA TC Meaford 519.538.1371

LFCA TC Meaford Base Chaplain 519.538.1371 extension/local 6993

LFCA TC Meaford Base Social Worker 519.538.1371 extension/local 6748

Military Family Resource Centre Meaford (MFRC Meaford) 519.538.1371 extension/local 6509

Integrated Relocation Services (Royal LePage) 877.477.7356

Canadian Forces Grievance Board Canada & USA: 877.276.4193
Elsewhere: 613.996.8529

Military Police Complaints Commission: 800.632.0566 or 613.947.5625

DND/CF Ombudsman 888.828.3626

Director Canadian Forces Grievance Administration 866.474.3867

DND/CF Help Line for Harassment and Sexual Assault 800.290.1019

CF Member Assistance Program (CFMAP) 800.268.7708

The Centre for the Care and Support of Injured and Retired Service Members and Their Families
North America: 800.883.6094
Elsewhere (call collect): 613.995.0972

Service Income Security Insurance Plan (SISIP) 800.267.6681

Sun Life of Canada Public Service Health Care Plan
General queries: 888.757.7427
Public Service Travel Emergency Line Travel related (Canada & USA): 800.667.2883
Elsewhere (call collect): 519.742.1342

Reserve Pay Hotline 800.773.7705

Pension Benefits & Pay Release Benefits 800.267.0325

CF Dental Plan English: 800.957.9777
French: 800.663.2817

CF Health Information Line (RN staffed 24 hours per day, 7 days per week) 877.633.3368